



**EARLY
BOOKING OFFER**
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2024 PSA RUGBY ACADEMIES IRELAND

Player Development Focus
Professional Coaching Excellence
Rugby & Physical Test Reporting
Sports Science Education



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PSA & Rugby Academy Ireland

'We're delighted to launch our 2024 schedule of high-performance rugby development programmes for 10-16yrs players, boys & girls, with PSA Academies Rugby Academies taking place in Ireland across July & August. Sign up ASAP to secure your spot for these limited capacity Academies, rated 'Excellent' on Trustpilot!

*Full package price includes non-refundable €100 deposit booking fee. Ts&Cs apply.



Johan Taylor
MD, PSA Academies
& Rugby Academy Ireland



2024 Dates

PSA Rugby Academy, Cork

Midleton College & RFC, Sun 21st - Fri 26th July (Residential & Non-Residential, B & G*)

PSA Rugby Academy, Roscrea

Cistercian College Roscrea, Sun 28th July - Fri 2nd Aug (R & NR, B & G*)

PSA Rugby Academy, Kilkenny

Kilkenny College, Sun 4th - Fri 9th Aug (R & NR, B & G*)

*For specific Residential programme start dates by age group/gender, please see the programme information page on the PSA Academies website [here](#).



Programme Features

Skills-based, full rugby development programme

Top Coaching Team with pro rugby playing & coaching credentials

Core Skills & Strength Development

Speed, Agility & Quickness (SAQ)

Core Rugby Skills & Physical Testing Assessments & Reporting via Player Journaling & Mentoring

Game-based Learning

Sports Science Education Talks with top mentors covering;

- Physical Development of Young Players
- Sports Nutrition
- Injury Management & Concussion Awareness

Personal Development (via 9PSAV's Framework)

Regular WhatsApp Group updates

Fully compliant COVID19 protocols (if applicable)

For more information about the Ireland Programme, visit our FAQs section [here](#).

2024 Pricing

3 Night Residential* (Minis 10-11yrs, B Only)

Full Price €399pp + €6 booking fee

4 Day Non-Residential* (Minis 10-11yrs, B & G)

Full Price €289pp + €6 booking fee

5 Night Residential* (INT/ADV, 12-16yrs, B & G)

Full Price €549pp + €6 booking fee

5 Day Non-Residential* (INT/ADV, 12-16yrs, B & G)

Full Price €359pp + €6 booking fee

5 Day Non-Residential Only Venues (All Ages, B & G)

Full Price €359pp + €6 booking fee

Minis = 10-11yrs, INT/ADV = 12-16yrs, B = Boys, G = Girls

*Residential Academy information - 3 Night residential programme for 10-11yrs Minis players runs from Tues 8.30am - Fri 5pm. 5 Night residential programme for 12-16yrs players runs from Sun 7pm - Fri 5pm inclusive.

What's Included

Residential - 3 or 5 Nights fully supervised, shared, full board accommodation for Minis Boys/INT & ADV Boys & Girls respectively, transfers from local transport hubs if required, all rugby & leisure activities including the PSA Rugby & Physical Testing Assessments & PSA Player Pack

Non-Residential - 4 or 5 Days of rugby & leisure activities for All Age Groups, Boys & Girls, including a hot lunch*, the PSA Rugby & Physical Development Assessments & PSA Player Pack

For further information on the 2024 Academies schedule & structure, see the Academy programme page [here](#).

*Only available at venues offering full Residential programmes.

EARLY BOOKING OFFER

[Secure your 5% early discount when booking & paying your €100 deposit](#)

*10% early booking discount on Roscrea Academy ends 23:59hrs 30th April 2024. Customers must pay min €100 non-refundable deposit to secure this offer. [Ts&Cs apply](#).

[For more info or to book, see \[psaacademies.com/ireland\]\(https://psaacademies.com/ireland\)](#)

Testimonials



Rated Excellent on  Trustpilot

"My son and daughter had an amazing time. They learned a lot, made memories for life. They were exhausted but will be back! ."

Anneleen, 2023 PSA Rugby Academy Kilkenny Parent

"A really positive experience for my rugby mad 12 year old son. The PSA RAI team created an environment where he developed, had fun and made friends.."

Mark, 2023 PSA Rugby Academy Cork Parent

Partners

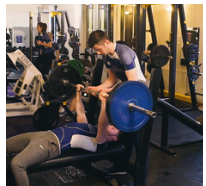


SHADOWBALL
A NEW SPIN ON RUGBY



Rugby Academy Ireland

To learn more about the Rugby Academy Ireland TY & full Academy Development programmes, check out <https://rugbyacademyireland.ie/>.





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