

2027 PSA RUGBY ACADEMIES IRELAND

Player Development Focus
Professional Coaching Excellence
Rugby & Physical Test Reporting
Sports Science Education

Trustpilot

psaacademies.com/ireland

#maximiseyourpotential

PSA & Rugby Academy Ireland

'We're delighted to launch our schedule of high-performance rugby development programmes for 10-16yrs players, boys & girls, with PSA Academies Rugby Academies taking place in Ireland across July & August. Sign up ASAP to secure your spot for these limited capacity Academies, rated 'Excellent' on Trustpilot!

*Full package price includes non-refundable €100 deposit booking fee. Ts&Cs apply.



PSA ACADEMIES

RUGBY ACADEMY IRELAND

Johan Taylor
MD, PSA Academies
& Rugby Academy Ireland



2027 Dates

PSA Rugby Academy, Cork

Midleton College & RFC, Sun 1 - Fri 6 August (Residential & Non-Residential, B & G*)

PSA Rugby Academy, Roscrea

Cistercian College Roscrea, Sun 8 Aug - Fri 13 Aug
(R & NR, B & G*)

*For specific Residential programme start dates by age group/gender, please see the programme information page on the PSA Academies website.

Programme Features

Skills-based, full rugby development programme

Top Coaching Team with pro rugby playing & coaching credentials

Core Skills & Strength Development

Speed, Agility & Quickness (SAQ)

Core Rugby Skills & Physical Testing Assessments & Reporting via Player Journaling & Mentoring

Game-based Learning

Sports Science Education Talks with top mentors covering;

- Physical Development of Young Players
- Sports Nutrition
- Injury Management & Concussion Awareness

Personal Development (via 9PSAV's Framework)

Regular WhatsApp Group updates

For more information about the Ireland Programme, visit our FAQs section.

2027 Pricing

4 Day Residential* (Minis 10-11yrs, B Only)
Full Price €399pp + €6 booking fee

4 Day Non-Residential* (Minis 10-11yrs, B & G)
Full Price €360pp + €6 booking fee

5 Night Residential* (INT/ADV, 12-16yrs, B & G)
Full Price €579pp + €6 booking fee

5 Day Non-Residential* (INT/ADV, 12-16yrs, B & G)
Full Price €429pp + €6 booking fee

Minis = 10-11yrs, INT/ADV = 12-16yrs, B = Boys, G = Girls

*Residential Academy information - 3 Night residential programme for 10-11yrs Minis players runs from Tues 8.30am - Fri 5pm. 5 Night residential programme for 12-16yrs players runs from Sun 7pm - Fri 5pm inclusive.

What's Included

Residential - 3 or 5 Nights fully supervised, shared, full board accommodation for Minis Boys/INT & ADV Boys & Girls respectively, transfers from local transport hubs if required, all rugby & leisure activities including the PSA Rugby & Physical Testing Assessments & PSA Player Pack

Non-Residential - 4 or 5 Days of rugby & leisure activities for All Age Groups, Boys & Girls, including a hot lunch*, the PSA Rugby & Physical Development Assessments & PSA Player Pack

*Only available at venues offering full Residential programmes.

For more info or to book, see psaacademies.com/ireland

Testimonials

Rated Excellent on Trustpilot

"My son and daughter had an amazing time. They learned a lot, made memories for life. They were exhausted but will be back!"

Anneleen, PSA Rugby Academy Parent

"A really positive experience for my rugby mad 12 year old son. The PSA RAI team created an environment where he developed, had fun and made friends."

Mark, PSA Rugby Academy Parent

Partners

TITAN GPS SENSOR

NSX XPLORE

veo

SHADOWBALL A NEW SPIN ON RUGBY

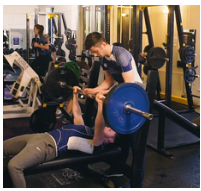


Rugby Academy Ireland

To learn more about the Rugby Academy Ireland TY & full Academy Development programmes, check out https://rugbyacademyireland.ie/.







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